Participants have the opportunity to build relationships and work on skills while helping people and businesses in our community. Whether it is visiting the local senior center, helping at the humane society or collecting canned food for the hungry, our participants proudly help their fellow community members.
ABOUT US

Constant Companions is a day program for adults with disabilities that acts as a hub for social, educational, volunteer, and recreational activities.

Types of activities include, but are not limited to, experiences such as:

- Health and wellness education via memberships to rec centers and gyms, participation in community exercise and cooking classes, and community wellness events.
- Enrichment through arts and cultural attractions including local zoos, diverse museums, community art classes, and music and theater performances.
- Community trips to increase independence, such as grocery shopping, laundromats, computer classes, and trips to local eateries both to see behind the scenes and as customers.

ANIMAL CARE

Constant Companions incorporates animal care into the program. Participants learn the responsibility of caring for domestic animals including cats, rabbits, birds and fish. They also gain the emotional benefits of nurturing and learning about the animals in their care. These interactions occur both at the site and in the community.

COMMUNITY MEMBERSHIP

Constant Companions help participants make connections by finding what each participant has an interest in, what their social goals are and what talents they have. We then use that information to find clubs, classes and memberships for them to attend.

“Constant Companions has been a great asset to my non-verbal adult daughter. Her needs are always being met. She is always included to participate in every activity. My daughter absolutely loves it there and so do I!”

-Kimberly G-